

Thank you for attending the Safe Sleep Kick-Off and being willing to participate in this life saving work.

What is a Track?

- To accommodate everyone, we have 2 “Tracks”.
- Each practice has been put into a track.
- Each track has specific dates.
- Each date has early morning and lunch times available. (We are piloting morning spots for this workshop.)

Which Track is my practice in? When are my touch point/check in calls?

Track 1:

- Practices are Carolina Peds, Coastal Peds, Georgetown, MUSC Moncks Corner, Palmetto Peds Columbia, Palmetto Peds Aiken, Sandhills, Tideland
- Touch point calls will be on September 19th, October 10th, and November 7th.
- Morning slots are available from 7:20-8:20 am; Lunch slots are available from 12:00-1:30 PM

Track 2:

- Practices are Beaufort, CPM, CHOC, Grandstrand, Hope Health – Florence, Grand Strand, Parkside, and Tiger Peds
- Touch point calls will be on September 26th, October 17th, and November 14th.
- Morning slots are available from 7:20-8:20 am; Lunch slots are available from 12:00-1:30 PM

What are we supposed to do?

- Look at the Key Driver Diagram (found in the Kick-Off Slide Deck and attached to this email)
 - You use a Key Driver Diagram backwards...
 - the change ideas impact the secondary drivers,
 - the secondary drivers impact the primary drivers and
 - ideally the primary drivers move you toward your SMART AIM
- Using the Key Driver Diagram, **pick the CHANGE IDEA(S)** you want to implement in your practice.
 - Talk/think about how you will implement that change idea.
 - Bring that change idea and implementation plan to your 1st touch point call!
 - Work on it.
 - Bring what you’ve learned and what you plan to do next to the 2nd touch point call.
 - Work on it.
 - Bring what you’ve learned and what you plan to do next to the 3rd touch point call.
 - The Final Calls are scheduled for:
 - Track 1: Tuesday, November 28th @ 12
 - Track 2: Thursday, November 30th @ 12

What’s QIDA got to do with it?

- Nothing. Usually, QTIP pairs our workshops with our focal topics for the year.

QTIP Safe Sleep Workshop FAQs

- Because of the high numbers of infants in SC dying because of unsafe sleep, we are focusing this workshop on safe sleep.
- Therefore, there are no QIDA questions for this workshop.

So how do we measure our work?

- You should have received a FORMS link. The link directs you to a questionnaire.
- You will fill out this SAME questionnaire 5 times! Yes 5 times!
 - Once after each component of the five workshop elements.
- Each time you fill out the questionnaire, the first questions are answered with a Likert scale.
- The second part has the change ideas! **In this part, you should check what you are CURRENTLY DOING, not what you want to do, not what you did last year, but as of TODAY, what you are doing in your practice.**
- So how does this work?
 - In the background, our QTIP team will track the Likert scale questions to see if our trends move toward always doing interventions across the state.
 - Our QTIP team will track what change ideas our practices are implemented or have implemented.

What if we want to audit charts?

- If you want to do a chart audit, QTIP has developed a simple excel worksheet you can use to audit your charts.
- Or you can do a simple 10 chart audit weekly or monthly looking specifically at charts appropriate to help track your interventions.
- It is your QI project; we will help you with this if you want to do it.

What resources do we have and how do we use them?

- Each practice participating in the workshop will receive a batch of ***Sleep Baby Safe and Snug*** board books.
 - You may decide to talk to caregivers about safe sleep using the book; you might demonstrate reading to a newborn using the safe sleep messaging in the book, you might point out to the parents that the safe sleep book also has videos if you use the QR code on the front.
- Staff Education
 - You may use some of the videos shared in the resource list to do staff education.
 - You may use the DHEC Safe Sleep Brochure as talking points to review with your staff.
 - You may do a pre-test and post-test of staff's knowledge of safe sleep using the Safe Sleep Brochure as 'test' questions.
 - Use the kick off call slides to highlight key points for your staff.
- Parent Education
 - You may want to set up a SAFE SLEEP CRIB in the waiting room and discuss with your parents during your visit.
 - You could put posters in the exam rooms/bathrooms etc.
- Protective Factors
 - Breastfeeding is a protective factor for safe sleep.

QTIP Safe Sleep Workshop FAQs

- Living in a home with caregivers who avoid alcohol, tobacco and marijuana is protective.
- Having a discussion with your child's daycare about safe sleep and how they put babies down to sleep can be protective.