

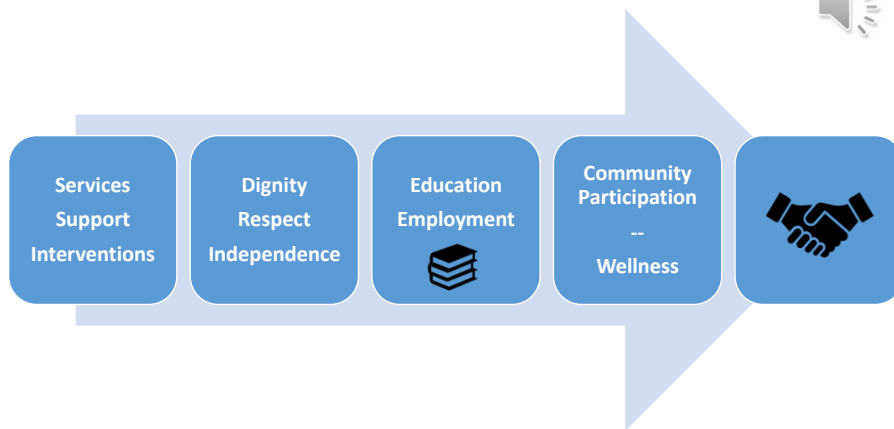


## **Person-Centered Planning**

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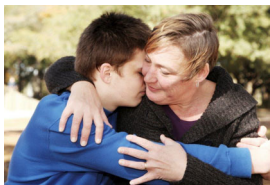
Version 1.0 (07/01/20)

## What is Person-Centered Planning?

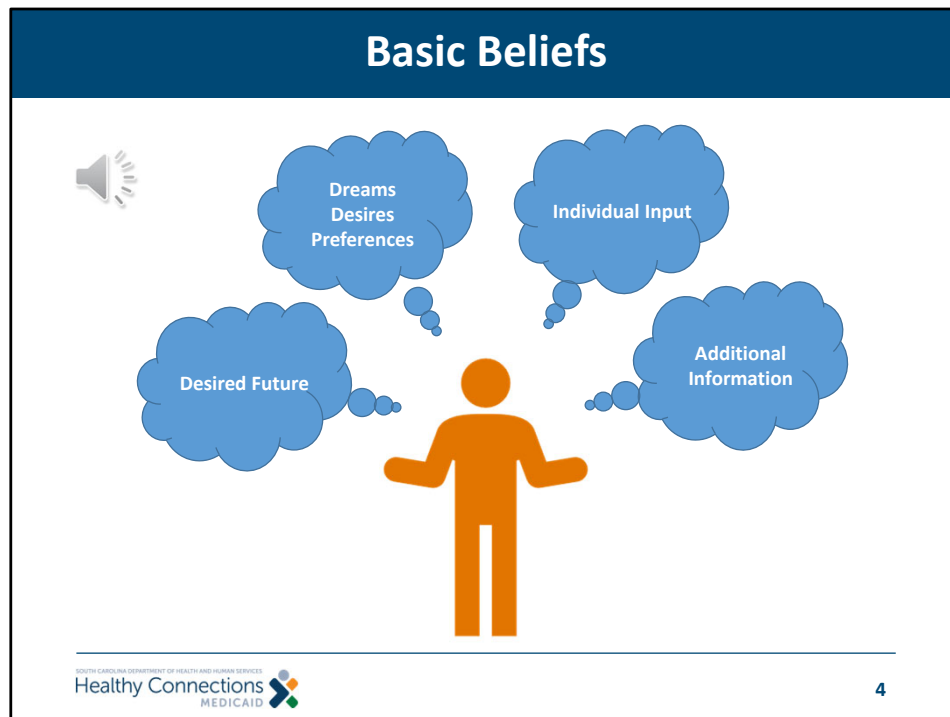


Person-centered planning is a framework that provides services, supports and interventions that is directed by the participant and meets the individual's, family's or legal guardian's long-term support needs. The Case Management assessment and plan honors the participant's goals and aspirations for a lifestyle that promotes dignity, respect, interdependence, education, employment, community participation, wellness and relationship opportunities. This is done by utilizing Person Centered Thinking in order to create community connections and encourage the use of natural and community supports to assist in ending isolation and disconnections.

## Creating a Plan



The use of Person-Centered Thinking techniques and a Person-Centered Description empowers the individual by creating a plan that views the individual, family or legal guardian in the context of their culture and in the context of plain language. All elements that compose a person's individuality and a family's uniqueness are acknowledged and valued in the planning process. Person-Centered Planning supports mutually respectful partnerships between individuals, families or legal guardians and provider or professionals and recognizes the legitimate contributions of all parties involved.



The basic beliefs of Person-Centered Planning are:

The person's desired future will become the framework for all planning. The most important part of this process is the dreams, desires and preferences of the individual. Planning begins with input from the individual and will also be decided by and include additional information from the people most important to the individual, and as appropriate, information from professionals.

## Net Planning Process



"I can tie my own shoes"



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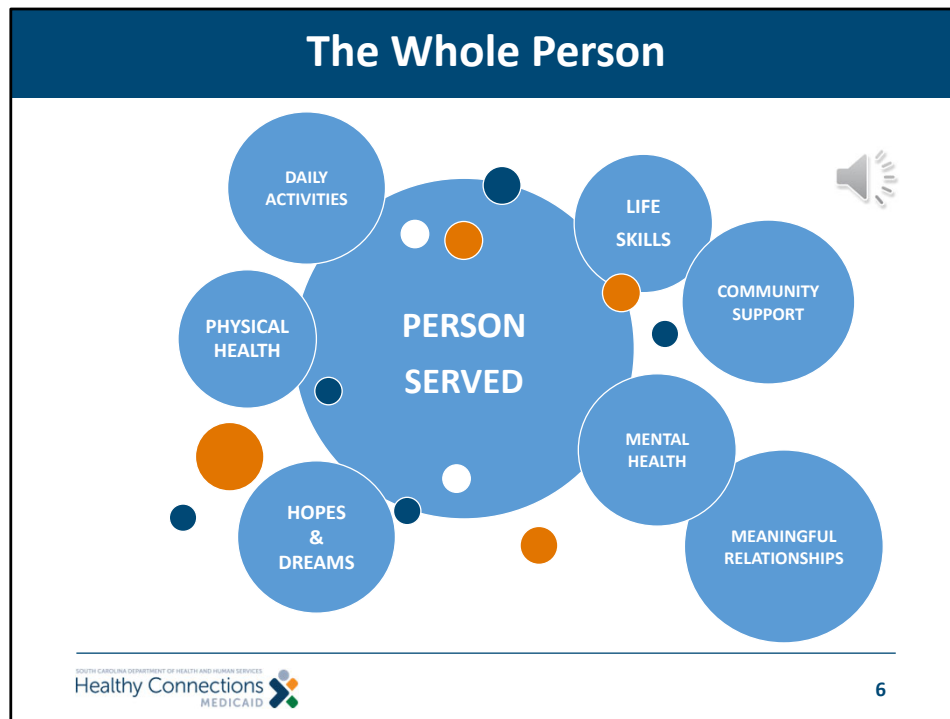
"I can make my own sandwich"



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A net planning process will be used for Person-Centered Planning. For example, the plan of service begins with what the individual can do for him or herself. Then it adds resources and support from family, neighbors, friends and other community resources. Formal public supports and services are utilized as a last resort. Planning activities will address issues and concerns which the individual or others have about health, welfare and safety.



Person-Centered plans will change any time the person's needs, desires and circumstances change. A Person-Centered approach will seek feedback from the individual, on a regular basis, regarding their interests and needs.

## Questions to Think About



- Who is here to help me plan my life?
- What are important events that have happened to me so far in my life?
- Who are the people that are most important to me?
- What are the places most important to me?



- What obstacles may keep me from enjoying more of these people and places?
- What are my likes and dislikes?
- What are activities I enjoy doing?



When putting together a plan, the person will have to think about the people who can help them plan for the future, events and people that are important to them, things that might get in the way and keep them from enjoying more of these people and places, their likes and dislikes, and what activities they enjoy doing. Questions may include: Who is here to help me plan my life? What are important events that have happened to me so far in my life? Who are the people that are most important to me? What are the places most important to me? What obstacles may keep me from enjoying more of these people and places? What are my likes and dislikes? And what are activities I enjoy doing?

## Planning Process



Assist



Access Needed Services

Support During Planning



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The Person-Centered planning process should include family members, legal guardians, friends, caregivers and others the person or his/her representative wishes to include. The role of agency workers, such as waiver case manager, is to assist people to identify and access the services they need and to provide support during planning. Person-centered planning should involve the individual receiving services and supports to the maximum extent possible, even if the person has a legal representative.



## Case Management Plan



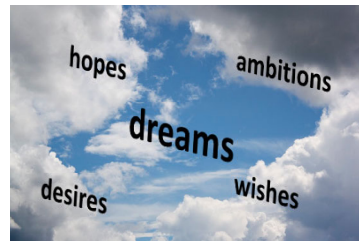
Waiver Case Management providers use the information obtained by all parties involved in order to develop a person-centered Case Management plan. Waiver Case Management providers will ensure that the meeting time and place maximize participation by individuals important to the person and that the person is the focal point of the planning process. Comments, questions and statements are to be addressed to the person, whether the person verbally communicates or not.

## Case Management Plan (cont'd)



CONSULTANT

ADVISOR



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Waiver Case Management providers will ensure that the person's input is held as primary, and all other participants act as consultants and advisors rather than decision makers. Waiver Case Management providers will also ensure that the language used in the meeting can be clearly understood by all and is kept positive; that the individual has all the information needed to make choices and has time to communicate them. The focus of planning is on the dreams and desires of the person.

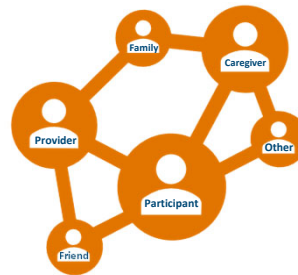
## Confirmation of Agreement



Services

Supports

Qualified Service Providers

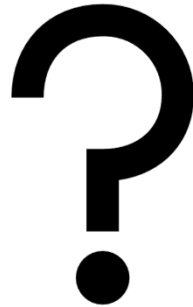


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The participant receiving services is required to sign and date the Case Management Plan indicating confirmation of the agreement with the services and supports detailed in the Plan and choice of qualified service providers. All individuals and providers involved are encouraged to sign the Case Management Plan confirming participation and agreement with the services and supports as detailed in the Plan. The participant or legal guardian will receive a copy of the Plan upon completion and additional copies will also be provided to participating qualified service providers if the participant or legal guardian requests it.

## Confirmation of Agreement



This concludes the Person-Centered Planning annual training. Please see your Supervisor for any questions or concerns.

