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MEDICAID BULLETIN

TO: Home and Community Based Waiver Service Providers

SUBJECT: Update on Appendix K Flexibilities Issued During the COVID-19 Public Health Emergency

During the initial response to the coronavirus disease 2019 (COVID-19) pandemic, the South Carolina Department of Health and Human Services (SCDHHS) announced multiple policy changes. Most of these policy changes were issued using emergency authorities derived from the federal public health emergency (PHE). The COVID-19 federal PHE ended May 11, 2023.

For home and community based services (HCBS) delivered through waiver programs, SCDHHS implemented temporary flexibilities through a series of Appendix K waivers approved by the Centers for Medicare and Medicaid Services (CMS). CMS granted SCDHHS an extension for the Appendix K flexibilities, which gave SCDHHS the ability to temporarily further extend flexibilities that were created under this authority to determine which flexibilities would expire and which would continue. As a result of this extension, SCDHHS is announcing updates to the temporary policy changes it issued previously. Affected HCBS waivers include:

- Intellectual Disability/Related Disabilities (ID/RD);
- Community Supports (CS);
- Head and Spinal Cord Injury (HASCI);
- Community Choices (CC);
- HIV/AIDS;
- Mechanical Ventilator Dependent (VENT);
- Medically Complex Children (MCC); and,
- Palmetto Coordinated System of Care.

SCDHHS evaluated all Appendix K flexibilities to determine those that would continue and those that would end no more than six months following expiration of the PHE (no later than Nov. 11, 2023). The updates announced in this bulletin are specific to the temporary flexibilities that were created during the COVID-19 PHE through Appendix K waivers and do not impact other

agency policies that existed prior to the PHE or addressed in other Medicaid bulletins regarding temporary flexibilities unless specifically indicated.

Flexibilities that Will be Extended Further

Pending approval from CMS, SCDHHS is proposing to update the current primary caregiver policy for self-directed services in HCBS waiver programs to allow primary/family caregivers that are not legally responsible individuals to be paid for providing these services. This change would be limited to self-directed services only. This policy change would allow for legal guardians and spouses who are not designated legally responsible individuals to continue to provide self-directed services. It will not allow parents of minors to provide self-directed services.

SCDHHS will issue additional communication on this temporary change once it has received approval or additional direction from CMS.

Flexibilities that Will Expire no Later Than Nov. 11, 2023

The following temporary flexibilities, which are listed by waiver in the table below, will expire no later than Nov. 11, 2023. SCDHHS and waiver operators (the South Carolina Department of Disabilities and Special Needs [DDSN] and SC Continuum of Care) will coordinate unwinding activities during the timeframe leading up to November 2023.

	Waiver							
Temporary Flexibility	CS	ID/RD	HASCI	CC	HIV/AIDS	Vent	PCSC	MCC
	SC.0676	SC.0237	SC.0284	SC.0405	SC.0186	SC.40181	SC.1686	SC.0675
Remove weekly limits		Х	Х					
from the Attendant								
Care/Personal								
Assistance service for								
needs related to								
closure of DDSN day								
programs or Adult Day								
Health Care (ADHC)								
centers.								
Add Respite/Personal		Х						
Care service hours for								
those displaced from								
Day Programs and/or								
ADHC services								
Allow up to two (2)	Х	Х						
home-delivered meals								
per day/fourteen (14)								
meals per week for								
ADHC recipients.								
Allow non-traditional	Х	Х		Х	Х	Х		
Home-Delivered Meal								
service providers								

				W	/aiver			
Temporary Flexibility	CS	ID/RD	HASCI	CC	HIV/AIDS	Vent	PCSC	MCC
	SC.0676	SC.0237	SC.0284	SC.0405	SC.0186	SC.40181	SC.1686	SC.0675
Allow Day Services	Х	Х	Х					
(Day Activity, Career								
Preparation,								
Community Services,								
Employment Services)								
to be provided in								
residential settings								
Renew participant	Х	Х	Х					
service plans for 12								
months under certain								
conditions (if a								
meeting is held with								
the individual and/or								
representative, if the								
case manager contacts								
the participant using								
allowable remote								
contact methods)								
Modify service plans	Х	Х	Х	Х	Х	Х		
for additional supports								
and/or services in								
response to the								
COVID-19 pandemic								
Allow for completion	Х	Х	Х					
of critical incident or								
Abuse, Neglect and								
Exploitation (ANE) final								
report outside of								
typical timeframes (10								
days)								
Suspend requirement	Х	Х	Х					
of two (2) waiver								
services monthly								
provided to the								
participant								

	Waiver							
Temporary Flexibility	CS	ID/RD	HASCI	CC	HIV/AIDS	Vent	PCSC	MCC
	SC.0676	SC.0237	SC.0284	SC.0405	SC.0186	SC.40181	SC.1686	SC.0675
Allow all reviews by				Х	Х	Х		Х
the state's Quality								
Improvement								
Organization and								
other auditing								
activities to be								
performed as off-site,								
desk reviews of								
information shared by								
the provider, or								
deferred past the								
required timeliness								
period if onsite								
reviews are required								
Disallow visitors of the	Х	Х	Х	Х	Х	Х	Х	Х
participant's choosing								
at any time to								
minimize the spread of								
infection related to the								
COVID-19 pandemic								
Authorize case	Х	Х	Х					
management entities								
to provide direct								
service (Conflict of								
Interest).								
Allow an extension for	Х	Х	Х					Х
reassessment and								
reevaluations up to								
one year past the due								
date								
Conduct assessments,	Х	Х	Х	Х	Х	Х	Х	Х
evaluations, and								
person-centered								
service planning								
meetings								
virtually/remotely in								
lieu of face-to-face								
meetings								
Add an electronic	Х	Х	х	Х	Х	Х		х
method of signing-off								
on required								
documents (e.g.								
service plans). This								
will discontinue use of								
verbal attestation.								
	<u>. </u>	1	1			1	1	1

	Waiver							
Temporary Flexibility	CS	ID/RD	HASCI	CC	HIV/AIDS	Vent	PCSC	MCC
	SC.0676	SC.0237	SC.0284	SC.0405	SC.0186	SC.40181	SC.1686	SC.0675
Existing electronic								
signature processes								
will remain in place.								
Add an electronic	Х	Х	Х	Х	Х	Х		
method of service								
delivery (e.g.								
telephonic) for the								
following services:								
case management, in-								
home habilitation,								
monthly monitoring								
Add an electronic								Х
method of service								
delivery (e.g.								
telephonic) for the RN								
Care Coordination								
Service								
Add an electronic				Х	Х	Х		
method of service								
delivery (e.g.								
telephonic) for the								
following services:								
case management,								
monthly monitoring								
Add an electronic							Х	
method of service								
delivery (e.g.,								
telephonic) for case								
management, monthly								
monitoring and high								
fidelity wraparound								
services								
Add In-Home Supports		Х	Х					
as a participant-								
directed service. The								
service can be								
provided by a legally								
responsible person								
and/or a relative/legal								
guardian.								
Allow parents of minor				Х	Х	Х		
children to provide								
personal care services								
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	Waiver							
Temporary Flexibility	CS	ID/RD	HASCI	CC	HIV/AIDS	Vent	PCSC	MCC
	SC.0676	SC.0237	SC.0284	SC.0405	SC.0186	SC.40181	SC.1686	SC.0675
Allow up to one (1)				Х	Х	Х		
additional home-								
delivered meal per								
day/one (1) additional								
case of nutritional								
supplements per								
month								
Delay onsite review of				Х	Х	Х		
environmental								
modifications								
throughout the PHE								
Evaluate performance/				Х	Х	Х		
completeness of								
environmental								
modifications								
electronically								
Add an electronic							Х	
method of signing off								
on required								
documents such as the								
person-centered								
service plan; and allow								
services to continue to								
be provided remotely								
for high fidelity								
wraparound.								
Allow all reviews and							Х	
other auditing								
activities to be								
performed as off-site,								
desk reviews of								
information shared by								
the provider, or								
deferred past the								
required timeliness								
period if onsite								
reviews are required								

	Waiver							
Temporary Flexibility	CS	ID/RD	HASCI	CC	HIV/AIDS	Vent	PCSC	MCC
	SC.0676	SC.0237	SC.0284	SC.0405	SC.0186	SC.40181	SC.1686	SC.0675
Allow HCBS settings							Х	
reviews scheduled to								
occur at enrollment,								
annually or when the								
participant's residence								
changes to be								
performed off-site								
throughout the								
duration of the public								
health emergency								
Expand settings where	Х	Х	Х	Х				
services may be								
provided (e.g. hotels,								
shelters, schools,								
churches)								
Exceed service	Х	Х	х	Х	Х	Х		
limitations (including								
limits on sets of								
services as described								
in Appendix C-4)								
Modify provider	Х	Х	Х					
qualifications								
Modify licensure or	Х	Х	Х					
other requirements for								
settings where waiver								
services are furnished								
Increase the cost limits	Х							
for entry into the								
waiver								

Additional COVID-19 PHE Policy Guidance

Providers are also reminded that the following temporary flexibilities were suspended in DDSN-operated waivers (CS, ID/RD, HASCI), effective July 1, 2021:

- The ability to provide Residential Habilitation in settings other than those licensed by the state/allow the issuance of provisional licenses by DDSN for settings with expired licenses due to COVID-19;
- Reviews performed by the state's Quality Improvement Organization and other auditing activities may no longer be performed as off-site, desk reviews of information shared by the provider.

• Reviews may no longer be deferred past the required timeliness period if onsite reviews are required.

Additionally, providers are reminded that initial, quarterly and re-evaluation visits by case managers have again been required to be conducted face-to-face in the Healthy Connections Medicaid member's place of residence since Jan. 1, 2023, as announced in <u>Medicaid Bulletin</u> <u>#22-022</u>. Guidance on case management requirements issued by DDSN was also referenced in the bulletin.

A comprehensive list of the COVID-19-specific policy guidance SCDHHS issued during the PHE is publicly available at <u>www.scdhhs.gov/COVID19</u>. Individuals with questions regarding this bulletin should submit those questions to <u>MedicaidWaiver@scdhhs.gov</u>.

Thank you for your continued support of the South Carolina Healthy Connections Medicaid program.

/s/ Robert M. Kerr